

Patient Application Instructions

BEFORE USING THE DEVICE, PLEASE READ THE INSTRUCTIONS FOR USE COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THE DEVICE.

SIZING INFORMATION

PART NUMBER	SPINE LENGTH C7 – S1		SIZE
	CM	INCHES	
82-0057-1	42 – 52 cm	16½ – 20½"	S
82-0057-2	52 – 62 cm	20½ – 24½"	M
82-0057-3	62 – 72 cm	24½ – 28¾"	L

APPLICATION INSTRUCTIONS

The product is designed to be worn during everyday activities.

Must be worn over a T-shirt or light clothing.

Your healthcare professional will explain the application of this back brace and make all adjustments necessary for a proper fit.

The crocodile tabs are marked for identification by a red border for ease of application.

This back brace consists of a lumbar strap **A**, a dorsal frame **B**, and 2 shoulder straps **C**, both passing through the strap guide **D** on the back for posture correction.

The pulling tension of the shoulder straps can be easily adjusted during your daily activities as desired.

After taking off the DonJoy Spinostrap, we suggest you fix the crocodile tabs on the shoulder straps and close the lumbar strap. In this way you facilitate re-application and avoid any damage to other more fragile materials.



1. Open the lumbar strap



2. Put your arms through the loops made by both shoulder straps like a backpack.



3. Position the distal end of the dorsal frame at the level of the lowest body prominence of your spine (S1).



4. Close the lumbar strap around your hips to stabilize the dorsal frame.



5. Grasp both shoulder straps by means of the crocodile tabs and pull on them at the same time until you feel enough backward traction on your shoulders.



6. Fix both shoulder straps by means of the crocodile tabs to the front area of the lumbar strap, within reach for easy adjustment. Check that the strap guide is in the correct position for optimal fit and posture correction.



7. Reposition both axillary pads for comfort.



8. To minimize tension in the axillary area, attach and shorten the removable sternal strap.



TIP: In case the shoulder straps are cut too short, the length can be adjusted at shoulder level (red dot).

INTENDED USE / INDICATIONS

DonJoy Spinostrap is designed to provide support and stabilization and partial immobilization (restriction of movement) of the spine.

- Support of stable spinal fractures
- Relief of pain and facilitation of correction of postural dysfunction from dorsal hyper-kyphosis
- Postural dysfunction associated with conditions such as Parkinsons disease
- Straightening and support of the spine in the case of muscular insufficiency/weakness
- Pain relief and support of spinal osteoarthritis

WARNINGS AND PRECAUTIONS

Please see Instructions for Use for a full list of contraindications, warnings, and precautions.

CLEANING INSTRUCTIONS

Hook and loop fasteners of the straps should be closed for washing to avoid any damage. To clean liner, hand wash in cold water using mild soap. Air dry.

INTENDED FOR SINGLE PATIENT MULTIPLE USE

NOT MADE WITH NATURAL RUBBER LATEX

NOTICE: While every effort has been made in state-of-the-art techniques to obtain the maximum compatibility of function, strength, durability and comfort, there is no guarantee that injury will be prevented through the use of this product.

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